

Central Bearden Therapeutic Maze

ENTRANCE

Welcome to our garden, a place for you to find peace, tranquility, and joy. As the water flows and the flowers bloom, may your heart be moved by nature's beauty and filled with the joy of God's presence.

As the deer pants for water, so I long for you, O God. Psalm 42:1

BED 1

The stones in the blue-gray, wavy grass give the illusion of dolphins swimming in the ocean with two smaller dolphins following a leader, maybe a parent. *Watch the grass move in the breeze! And imitate what it does (like following the leader!)*

Lead me by your truth and teach me, for you are the God who saves me. Psalm 25:5a NLT

BED 2

The plantings under the shade tree vary in nature and work together. Like them, God created us with special abilities and to live in unity. *Can you smell any fragrances from this bed?*

Do all you can to live in peace with everyone. Romans 12:18

BED 3

Life sometimes presents big obstacles that get in our way. God is with us each step of the way if we believe in Him and turn to Him. *How hard is that big stone? Does it seem very heavy?*

I am with you, and I will protect you. Genesis 28:15

BED 4

“God is in the roses, The petals, and the thorns” – Rosanne Cash

What may seem bad to us, like thorns, was created by God for a purpose. There is a reason for everything, but sometimes God asks us to seek Him to understand that. *Can you smell the beautiful fragrance of roses in summer?*

For everything there is a season; a time for every purpose. Ecclesiastes 3:1

The flowers are springing up, the season of singing birds has come. Song of Solomon 2:12

BED 5

Life presents many decisions to each of us. Do we go left, or do we go right? How do we choose? Prayerfully ask God for direction. He will answer. *Which way will you go? Think about the different places you'll go before you choose.*

Show me the right path, O Lord. Psalm 25:4a NLT

Bed 6

God wants us to enjoy life, smile, and laugh, but life get dreary or sad. At times grass here will look like cotton candy! Or, it might be cut down to get ready to make pink blooms! God helps in the good and bad times. *Is the grass moving? Are there bright blooms? If not, come back again to see how this bed has changed!*

I will uphold you with my righteous right hand. Isaiah 41:10

Bed 7

We are created to relate to others, the world around us, and to God. He made the world and everything in it. When we get close to plants we can feel their texture, smell their fragrance and see their beauty. When we get close to God, we can feel His nature, too; His love, care, and concern for us. *Get close to these plants. Do you notice anything special about them?*

God has made everything beautiful for its own time. He has planted eternity in the human heart... Ecclesiastes 3: 11 NLT

Bed 8

Ordinary water is necessary for all living things. Jesus offers “*living water*” to all true believers who come to Him; to nourish our souls, fill us with the truth about who God is, and show how much He loves us. His living water leads to eternal life. *Listen to the sounds of the flowing water and watch it move in the fountain.*

Those who drink the water I give will never be thirsty again. John 4:14

Do you want to know more about Jesus? Here are some resources for you...

Psalm 104

Let all that I am praise the Lord. O Lord my God, how great you are! You are robed with honor and majesty. You are dressed in a robe of light. You stretch out the starry curtain of the heavens; you lay out the rafters of your home in the rain clouds. You make the clouds your chariot; you ride upon the wings of the wind. The winds are your messengers; flames of fire are your servants.

You placed the world on its foundation so it would never be moved. You clothed the earth with floods of water, water that covered even the mountains. At your command, the water fled; at the sound of your thunder, it hurried away. Mountains rose and valleys sank to the levels you decreed. Then you set a firm boundary for the seas, so they would never again cover the earth.

You make springs pour water into the ravines, so streams gush down from the mountains. They provide water for all the animals, and the wild donkeys quench their thirst. The birds nest beside the streams and sing among the branches of the trees. You send rain on the mountains from your heavenly home, and you fill the earth with the fruit of your labor. You cause grass to grow for the livestock and plants for people to use. You allow them to produce food from the earth— wine to make them glad, olive oil to soothe their skin, and bread to give them strength. The

trees of the Lord are well cared for— the cedars of Lebanon that he planted. There the birds make their nests, and the storks make their homes in the cypresses. High in the mountains live the wild goats, and the rocks form a refuge for the hyraxes.

You made the moon to mark the seasons, and the sun knows when to set. You send the darkness, and it becomes night, when all the forest animals prowl about. Then the young lions roar for their prey, stalking the food provided by God. At dawn they slink back into their dens to rest. Then people go off to their work, where they labor until evening.

O Lord, what a variety of things you have made! In wisdom you have made them all. The earth is full of your creatures. Here is the ocean, vast and wide, teeming with life of every kind, both large and small. See the ships sailing along, and Leviathan, which you made to play in the sea.

They all depend on you to give them food as they need it. When you supply it, they gather it. You open your hand to feed them, and they are richly satisfied. But if you turn away from them, they panic. When you take away their breath, they die and turn again to dust. When you give them your breath] life is created, and you renew the face of the earth.

May the glory of the Lord continue forever! The Lord takes pleasure in all he has made! The earth trembles at his glance; the mountains smoke at his touch.

I will sing to the Lord as long as I live. I will praise my God to my last breath! May all my thoughts be pleasing to him, for I rejoice in the Lord. Let all sinners vanish from the face of the earth; let the wicked disappear forever.

Let all that I am praise the Lord. Praise the Lord!